International Declutter Day

Saturday 17th Sept 2022

Declutter Therapy™

LETITGO

International Declutter Day, Saturday 17th September 2022

We are so delighted that you are interested in International Declutter Day, Saturday 17th September 2022! This positive yearly event encourages people around the world to:

1. Declutter to feel good
2. Donate, give, reuse or recycle

EVENT OVERVIEW

Originally founded as Ireland's National Declutter Day in 2011 by leading decluttering expert, author and trainer Breda Stack of DeclutterTherapy.com, International Declutter Day champions the therapeutic nature of decluttering and highlights the win-win nature of decluttering for individuals, families, communities, charities, organisations and the environment.

HOW TO GET INVOLVED IN INTERNATIONAL DECLUTTER DAY 2021

You can join in the International Declutter Day 2022 action as either an individual or as an event ambassador within your community.

Get involved in International Declutter Day as an individual or with your loved ones by decluttering your wardrobe (closet!) or any part of your home or workspace on or around Saturday 17th September 2022 and donating, giving, reusing or recycling your unwanted items and supporting your favourite good cause. Always check in advance which items can be accepted by the recipient.

Take part in International Declutter Day as an ambassador for your charity, team, organisation or association and encourage others in your community to declutter on or around Saturday 17th of September 2022 and give their unwanted items to benefit your good cause.

www.internationaldeclutterday.com
idd@decluttertherapy.com

© Copyright Breda Stack, Declutter Therapy 2022

FIND OUT ALL ABOUT INTERNATIONAL DECLUTTER DAY 2022

Find out full details of the event ethos and history, the battle between minimalism and sentiment, creating a happy, healthy approach to decluttering, how to achieve long-term decluttering success and the biggest decluttering obstacles that keep so many of us stuck, and also learn about how event founder Breda can help you with your personal or professional decluttering, wherever you are in the world, on the official International Declutter Day website www.internationaldeclutterday.com.

THANK YOU

Thank you so much for getting involved in this interactive, win-win global event and we sincerely hope you enjoy the International Declutter Day ethos of decluttering to feel good and donating, giving, reusing and recycling your unwanted items to help others!

We really hope you can share details of this positive event, and please use the official International Declutter Day website, information, logos and posters to help get the word out there. For full terms of use see www.decluttertherapy.com/terms-of-use.

We always love to hear your positive decluttering stories inspired by International Declutter Day so please connect with us by email at idd@decluttertherapy.com.

© Copyright Breda Stack, Declutter Therapy 2022